



Massage



Natura



Tasting 30 min - 30€

Taste relax or loosening massage.

Relax 60 min - 55€

Induces tranquillity and a profound sense of relaxation. We apply a smooth and light touch for relieving insomnia and stress.

Thai 60 min - 60€

Muscle and ligament stretch. Promotes greater flexibility and alleviates tensions.

Loosening 60 min - 60€

It alleviating knots, pains and tendonitis. We apply friction, kneading and attend to pressure or trigger points.

Couples massage 60 min - 110€

Enjoy the massage together with your couple. Two therapists at the same time.

Ayurveda Treatments

Abhyanga 60 min - 65€

Helps to better the immune and nervous system promoting vitality and happiness. Invigorates and relaxes the muscular system.

Anti-cellulite 60 min - 65€

Draining and toning. It reduces cellulite, fat and better the circulatory system.

Consult for more Ayurveda treatments.

Beauty treatments

Facial 40 min - 55€

A rejuvenating treatment that eliminates impurities and toxins, and that nurtures revitalises the skin. Beginning with cleansing floral water, then an exfoliating, mask and finishing up with a moisturising massage.

Corporal 80 min - 95€

The complete skin treatment, dispelling dead skin cells, allowing the body to breath and the skin to glow. Beginning with cleansing floral water, then an exfoliating, mask and finishing up with a moisturising massage.

Specific bodily massages

Cranial - facial 40 min - 45€

Calms the tired mind and nervousness. It nurtures and rejuvenates the skin.

Sport and therapeutic 40 min - 50€

Choice: Back, neck, legs... this massage is ideal for aches and pains.

Foot reflexology 40 min - 45€

Balances the body, stimulating its own mechanism of self-healing.

Ritual massage 60 min - 65€

Inspired by the five elements of nature: space, air, fire, water and earth.

- **Cosmic Trip (space):** Calm, immersive and weightless sensation.
- **Fe en el Foc (fire):** Intensity, lightness and activation.
- **Terra fèrtil (earth):** Nourishing serenity and welcoming feeling.
- **Xaloc (air):** Attention to touch and breathing.
- **Mà de mar (water):** Fluidity, cleansing and hydration.

Possibility to extend time massage and ritual

More information, news and offers:

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All products are organic and local or nearby origin.

